

QUESNEL COMMUNITY AUTISM COMMITTEE  
JANUARY 20, 2011

MINUTES

1. Parent Support Group – update – Carla
  - 2 new parents came to the support group session (new diagnosis)
  - Sue asked if the family received any information about our community. The Autism Committee developed a pamphlet that we wanted handed out to parents as it outlines what families can do once a diagnosis is made (i.e. who contact people/agencies are...etc.). Carla did not know if this happened. Once this pamphlet is updated, Sue can send to Chantelle Wilson: Regional Clinical Coordinator for NHAN
  - The committee talked about our role in helping parents to know who the contact people are in our community (at CDC, SD, McF, CLBC..). Perhaps this can be reinforced at our May workshop.
  
2. EPIC Group – update – Shareen
  - There are 12-15 youth attending, regular basis. She will be losing 2 kids (moving out of District). 1 new student to District just started.
  - Shareen has divided the group to make 'teachable groups'. This is working well.
  - Shareen asked about accounting. Not working to add this to CDC accountant's responsibility. The committee talked about the possibility of opening a joint bank account. Sue mentioned that the SD could host an account if this would help. Sue offered to make a spreadsheet for Shareen to use if she wants as well.
  
3. Training – Sue
  - There are 32 people registered to attend Social Skills Workshop. This is all we have room for. There are 5 people wait listed. Gail offered to do another session later in the Spring if we want. Committee members talked about whether to give away books as door prizes/draws. Given the cost, it was recommended that we use whatever money is remaining, after expenses, to just purchase some resources that can be made available for parents/community members.
  - Next session – CYMH Anxiety workshop – March – not sure of a date. Anita will discuss with Megan Klotz and will email the rest of the committee.
  
4. Next mtg Date – Wed. Feb. 16, 2011 3:00 District Administration Office
  
5. Other – Dave shared information pkgs – Self Advocate Workbook – My Plan. Dave mentioned that the self advocates meet on the 1<sup>st</sup> Wed of every month. CLBC website has links with interactive activities. The website is: [wwwcommunitylivingbc.ca](http://www.communitylivingbc.ca) Dave will send over extra pamphlets to everyone. Shareen asked for 6 more.