

Next Steps

1. Take Panter Form (diagnostic form) to Community Living Centre (located in Ministry of Children & Family Development building)
163 Kinchant Street
Quesnel, BC
Attn: Dave Sutton

Or

Call 250-992-4110
(ask for the Duty Facilitator)
This contact person will advise you what to do with the Panter Form.

2. Participate in an orientation session. This will be scheduled by Chantal MacDonald). This may occur in person in Prince George or over the phone.

Don't hesitate to call 250-992-4110 if you haven't been called back with an appointment date after two weeks.

At this session the following will be discussed:

- Contacts in our community
- Available resources
- Parent support group meeting dates & times
- Funding allocations

3. Getting Intervention

Children Under 6 years

Contact ActBC @www.actbc.ca

- Look at Northern Region Consultants or agencies



Hire a Behaviour Consultant

- Research best practice
- Establish an intervention plan



Choose Treatment Options

- Access community services

Or

- Hire an Interventionist
Go to Quesnel Autism website
www.quesnelautism.com



Refer to Parent Funding Handbook for spending guidelines.

1-877-777-3530

1-250-387-3530

www.mcf.gov.bc.ca/autism

email MCF.AutismFundsProcessing Unit
@.gov.bc.ca

Getting Intervention

Children Over 6 years



Research best practice



Hire a Behaviour Consultant

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Understand Your Rights

Individual Education Plan (IEP) Ministerial Order

A board must ensure that an IEP is designed for a student with special needs, as soon as practical after the student is so identified by the board. The board must ensure that the IEP is reviewed at least once each school year... and must offer a parent of the student, and where appropriate, the student the opportunity to be consulted about the preparation of an IEP.

Be an advocate. If you need support contact local resource people at:

Child Development Centre –250-992-2481
School District #28 – 250-992-0422
Northern Health – 250-983-6810
Community Living BC – 250-992-4110
Public Health – 250-991-7571
More information @
www.quesnelautism.com

Helpful Tips:

1. Be prepared for appointments (write down your questions, bring someone with you...)
2. Create a profile (helps you share information about your child)
3. Keep track of information (assessments, contacts, research...)
4. Seek advice on information you read
5. Take care of yourself and remember...

You know your child best!

Ten Quick Strategies for Helping an Autistic Child

- ❑ Simplify your language: Say “come here please”, instead of “Mommy wants you to stay close so you don’t get into trouble.” Hand gestures may also be helpful.
- ❑ Give the child ways to cope with sensory problems: if the child is over stimulated by sound allow them to wear headphones.
- ❑ If the child can read, use written words to communicate during stressful situations.
- ❑ Give the child a visual oral schedule: Use pictures, written words or objects so the child knows what to expect as to what is coming up next.
- ❑ Use a calendar to show special events. Use pictures or written words to make those events clear
- ❑ Use the “First – Then: strategy: use pictures and written words. “First brush your teeth then watch TV.” First teeth then TV.”
- ❑ Use the phrase “The Rule is _____”
- ❑ Purpose catch the child doing something right and then praise their actions specifically.
- ❑ Be consistent: The more calm and consistent you can be the safer the child will feel.
- ❑ Give the child appropriate choices: use pictures and written words. (cookies or muffin)

YOUR CHILD HAS BEEN DIAGNOSED WITH AUTISM SPECTRUM DISORDER (ASD)



...SO NOW WHAT?